

Diabetes Education Opportunities at RHS

Class Offerings	Content	Date/Time/Location	Presenter	Fee
<p>Count Your Carbs; Basic and Advanced Carbohydrate Counting</p>	<p>Basic nutrition, carbohydrate counting, treatment of hypoglycemia & hyperglycemia.</p>	<p>^{1st} Tuesday of the month: Jan 6, Feb 3, Apr 7, May 5, July 7, Aug 4, Oct 6, Nov 3 Time: 5:30pm -8:00pm Also, on Saturdays: Mar 7, June 20, Sept 12, Dec 5, Time: 9:00am – 11:00am Funderburg Auditorium, Rockford Memorial Hosp.</p>	<p>Registered Dietitian Call Sue to register at 800-646-4633, ext. 2778 OR, go to: www.minimed.com/events</p>	<ul style="list-style-type: none"> • Free <p>Must Register to assure class availability. Family members welcome.</p>
<p>Cover Your Carbs; Insulin Users Only (Class 2 of Series)</p>	<p>Essential for anyone considering how to match insulin to carbohydrates eaten and lower glucose readings with correction insulin.</p>	<p>^{2nd} Tuesday of the month: Jan 13, Feb 10, Apr 14 May 12, July 14, Aug 11 Oct 13, Nov 10 Time: 5:30pm – 8:00PM Also, on Saturdays: Mar 7, June 20, Sept 12, Dec 5 Time: 11:30am – 2:00pm (will break for lunch) Funderburg Auditorium, Rockford Memorial Hosp.</p>	<p>Registered Dietitian Call Sue to register at 800-646-4633, ext. 2778 OR, go to: www.minimed.com/events</p>	<ul style="list-style-type: none"> • Free <p>Must Register to assure class availability. Family members welcome.</p>
<p>Pre- Pump Class</p>	<p>Preparation class for individual with a new insulin pump in their possession</p>	<p>Jan 5, Feb 2, Mar 2 Apr 6, May 4, June 1 July 6, Aug 3, Sept 14, Oct 5, Nov 2, Dec 7 Time: 5:00pm – 7:00pm Dining Rooms 4 & 5 Rockford Memorial Hosp</p>	<p>Sue Chapman, RN, CDE for Medtronic. Call Sue to register at 800-646-4633, ext. 2778 OR, go to: www.minimed.com/events</p>	<ul style="list-style-type: none"> • Free <p>Must Register to assure class availability. Family members welcome.</p>

Insulin Pump; Start-Up Class	Training for insulin pump therapy. Must have received insulin pump, reviewed workbook CD, and completed pump school on-line www.pumpschool.minimed.com	4 th Tuesday each month Time: 5 pm Dining rooms 2 & 3 Rockford Memorial Hosp OR Trainer's discretion	Certified Insulin Pump Trainer Call to register at 800-646-4633, Ext. 2778	<ul style="list-style-type: none"> • Free Must Register to assure class availability. Family members welcome.
Insulin Pump & Continuous Glucose Monitoring (CGM) Information Session	Informational Session. Questions and Answers about insulin pumps and continuous glucose sensor monitoring.	2nd Tuesday each month Jan 13, Feb 10, Apr 14 May 12, July 14, Aug 11 Oct 13, Nov 10 Time: 7:00 – 8:00pm, Also, on Saturdays: Mar 7, June 20, Sept 12, Dec 5 Time: 2:00 – 3:00pm Funderburg Auditorium, Rockford Memorial Hosp.	Nurse Educator Call Sue to register at 800-646-4633, ext. 2778 OR, go to: www.minimed.com/events	<ul style="list-style-type: none"> • Free Must Register to assure class availability. Family members welcome.
Continuous Glucose Monitoring (CGM) System Training (Beginner)	Training is to learn how to set up and get started on Real-Time continuous glucose monitoring (CGM) system.	Jan 19, Feb 16, Mar 16, Apr 20, May 18, June 15 July 20, Aug 17, Sept 21, Oct 19, Nov 16, Dec 14 Time: 4:00pm – 5:00pm Dining Rooms 2 & 3 Rockford Memorial Hosp	Sue Chapman, RN, CDE for Medtronic. Call Sue to register at 800-646-4633 Ext. 2778 OR, go to: www.minimed.com/events	<ul style="list-style-type: none"> • Free Must Register to assure class availability. Family members welcome.
Follow-up Session for Continuous Glucose Monitoring (CGM) System (Beginner)	Training will focus on changing sensor site & uploading pump and CGM to Carelink Personal. Also, includes calibrating and other issues pertaining to wearing CGM.	Jan 22, Feb 19, Mar 19, Apr 23, May 21, June 18, July 23, Aug 20, Sept 24, Oct 22, Nov 19, Dec 17 Time: 4:00pm – 5:00pm Dining Rooms 2 & 3 Rockford Memorial Hosp	Sue Chapman, RN, CDE for Medtronic. Call Sue to register at 800-646-4633 Ext. 2778 OR, go to: www.minimed.com/events	<ul style="list-style-type: none"> • Free Must Register to assure class availability. Family members welcome.

Carelink Personal Instruction Beginner Class	Learn how to generate computer reports to provide insight into self-management behavior.	Jan 22, Mar 19, May 21, July 23, Sept 24, Nov 19 Time: 5:30pm – 6:30pm Dining Rooms 2 & 3 Rockford Memorial Hosp	Sue Chapman, RN, CDE for Medtronic. Call Sue to register at 800-646-4633 Ext. 2778 OR, go to: www.minimed.com/events	<ul style="list-style-type: none"> • Free Must Register to assure class availability. Family members welcome.
Advanced Insulin Pump-User Group Meeting	Support for any Insulin Pump users.	Feb 19, Apr 23, June 18, Aug 20, Oct 22, Dec 17 Time: 5:30pm – 7:30pm Dining Rooms 2 & 3 Rockford Memorial Hosp	Sue Chapman, RN, CDE for Medtronic. Call Sue to register at 800-646-4633 Ext. 2778 OR, go to: www.minimed.com/events	<ul style="list-style-type: none"> • Free Must Register to assure class availability. Family members welcome.
Exercise	Supervised use of exercise equipment. Need doctor's prescription faxed to 815-971-9173 prior to participation.	Rockford Health Physicians Building at 2300 N. Rockton Ave. Mon, Wed, Fridays Time: 8am-12:00pm AND Thursdays 8am -10:30am Physical Therapy Dept on 1 st floor.	Call to register through Pulmonary Rehab at 815-971-5668	\$4/visit or \$35/month